



Got an emergency ?

Need the morning after pill? You can get this from the surgery, it is also widely available for free across the city. A few options are:

- BPAS - No 7 Eastgate: 0113 234 0015
- City Wise - No 1 Eastgate: 0113 295 4820
- Boots - Vicar Lane: 0113 245 8097
- Cardigan Lane Pharmacy - cardigan Road: 0113 278 3976
- Pullans - 58 Brudenell Rd: 0113 278 5831
- Llyods pharmacy - Otley Rd: 0113 274 0233 / Meanwood rd: 0113 278 6352 / Kirkstall Lane: 0113 278 5559

To find your nearest pharmacy

www.leedssexualhealth.com

Useful Contacts

- www.nhs.uk/worhtalkingabout
- www.fpa.org.uk
- www.bpas.org
- www.mariestopes.org.uk
- www.tht.org.uk
- www.ruthinking.co.uk
- www.condomessentialwear.co.uk
- www.themarketplaceleeds.org.uk
- www.youngminds.org.uk
- www.childline.org.uk
- www.selfharm.co.uk



Hyde Park Surgery
Woodsley Road
Leeds
LS6 1SG
Tel: 08443 756070

www.hydeparksurgery.com

HYDE PARK SURGERY

Young Peoples Services
here to listen not to tell

Aged 13 - 19 yrs old ? And want to talk in confidence

Tel: 08443 756070



**Where: Hyde Park
Surgery**

When: Anytime

**Who can attend:
Anyone who is a
registered patient
with the surgery,
male or female**

The surgery offer appointments for any 13– 19yr olds male or female who need to talk in confidence to a doctor or nurse. This means you can come without a parent. We would only ever tell a responsible adult about your problem if we were worried that you were being harmed or at risk of being harmed. Otherwise everything you tell us we keep to ourselves.

Services Include

- **Sexual Infection testing**
- **Pregnancy testing**
- **Unwanted Pregnancies**
- **Morning after pill**
- **Chlamydia testing**
- **Implants & coils**
- **Condoms**
- **Pill checks**
- **Family Planning Advice**
- **Sexual Health Advice**
- **Problems with drugs**
- **Problems with alcohol**
- **Bullying**
- **Low mood & depression**
- **Anxiety, sleep problems & Panic attacks**
- **School worries**
- **Money problems**
- **Health worries**
- **Counseling**
- **Sexuality worries**
- **Problems relating to religion**
- **Got a complaint**
- **Self harm**
- **Homeless & Asylum**

Places you might go for help

- **Contraception & sexual health** - Citywise: 0113 295 4820
- **Alcohol & Drug problems** - BARCA: 0113 220 9784
- **Smoking** - Leeds NHS stop smoking service: 0800 1694219
- **Substance misuse** - T3: 0113 244 3399 or DISC 0113 397 1300
- **Counseling** - The Market place: 0113 246 1659
- **Gay, lesbian, bisexual & transgender** - Out to 25: 07903 319435
- **Disability services** - DIAL: 0113 214 3630
- **Homeless & vulnerable** - CHIVA: 0113 225 8915
- **HIV & Aids** - Terrence Higgins: 0113 246 9272
- **Complaints** - PALS: 0800 0525270
- **Health problems** - NHS Direct: 0845 4647
- **Relationship advice** - Sexwise: 0800 328 1651
- **Need to talk** - Child line: 0800 1111 / Samaritans: 084567 909090
- **Rape** - STAR: 01924 298594
- **Youth point** - 0113 274 9959
- **Exercise & lifestyle** - Watch it: 0113 305 9679

The service is free, friendly and confidential, and if we can't help, we know someone who can